

Connect to the help you need

Housing



Housing Connect | (801) 284-4400
housingconnect.org/connect-to-housing

Healthcare



Community Health Centers, Inc.
(801) 964-6214 | chc-ut.org

Primary Children's Hospital | (801) 662-1000

Redwood Health Clinic | (801) 213-9900

St. Mark's Hospital | (801) 268-7111

University of Utah Hospital | (801) 581-2121

Food, formula, & diapers



WIC (Women, Infant and Children)
(435) 587-3838 | Provides food assistance for moms and children. | wic.utah.gov

Utah Food Bank
(801) 978-2452 | utahfoodbank.org

Crossroads | (801) 364-7765 | Helps families with food and clothing. | crossroadsurbancenter.org

Utah Refugee Connection
(801) 871-5903 | serverefugees.org

Know Your Neighbor
Pairs refugees with volunteers who help connect them to services. | myslc.gov/s/knowyourneighbor

English (ESL) classes



English Skills Learning Center
(801) 328-5608 | Provides childcare assistance for students | eslcenter.org/contact

Columbus Adult Education Center and Youth Program
(801) 559-7533 | Provides English classes to adults columbusaec.org/contact

Women of the World
(801) 953-0008 | Provides support, supplies, education, and community to refugee women
thewowfoundation.com

Childcare & parenting resources



0-8 Care Coordination
Helps connect kids to resources.
earlychildhood.utah.gov

Utah state resources on ChildCare.gov
childcare.gov/state-resources/utah

Utah Parent Center | (800) 468-1160
Helps parents assist children, youth, and young adults with disabilities. | utahparentcenter.org

The Children's Center Utah | (801) 582-5534
Helps enhance the emotional well-being of children. | childrenscenterutah.org

Mental health and substance use



Call or text 988

Utah Maternal Mental Health Referral Network
maternalmentalhealth.dhhs.utah.gov

National Maternal Mental Health Hotline
(833) 852-6262
mchb.hrsa.gov/national-mental-health-hotline

Substance use and mental health | utah.gov/wp-content/uploads/Statewide-SUD-Resource

Transportation



Rides for Refugees (JustServe)
(801) 648-6654 | Email: justice.forshee@uhhr.org

Utah Transit Authority
(801) 225-9268
rideuta.com

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